

THE ISLAND

LEADER	DATE (am) 09 November 08
HELPERS	TIME (mins) 40 minutes
PUPPETEER	No. of KIDS (m/f)

➤ **SERIES / LESSON:** Old Testament Heroes / David

➤ **SCRIPTURE REFERENCE:** 1 Samuel 17

➤ **CONCEPT:** God helps me do difficult things

GOALS:

- To encourage kids to engage in worship through singing.
- To help kids realise that God is bigger than their problems.
- To challenge kids to put their trust in God to save them from the battle of a sinful life.
- To lead kids into a prayer time and help them understand that God listens.

MATERIALS NEEDED:

- ✓ DVD player / laptop / projector / screen, etc.
- ✓ Song DVD
- ✓ Treasure Chest – with the razor inside (from last week's story)
- ✓ David graphic
- ✓ Chair
- ✓ Measuring tape
- ✓ Card labelled with Goliath's height / blu-tack to stick it to the wall
- ✓ Prayer Net
- ✓ Prayer cards and pen
- ✓ Evangelical literature for children
- ✓ Name tag box

<p>A. Worship through Music (with puppets) 10 minutes</p> <ol style="list-style-type: none"> 1. Welcome kids and invite them to praise God by singing. 2. Sing 2 songs together. (<i>Supernatural / Everyday</i>) 3. Open in prayer. 4. Ask kids to lift a mat each and sit down. 	<p>You'll need ... <i>DVD player / projector</i> <i>Song DVD (Hillsong Kids – Supernatural)</i></p>
<p>B. Message 15 minutes</p> <p>1. Recap (2-3 minutes) Ask a child to help you open the treasure chest and take out the razor which you placed there last week. Ask for someone to explain the significance of the razor and what it meant for Samson. Recap last week's story of Samson by asking a few follow-up questions. Finish by eliciting the Bible concept: God helps me be strong.</p> <p>You could also ask if anyone remembers last week's memory verse and have them recite it, individually and as a group. Or refer kids to the verse if you displayed it following the last session – <i>"Even children become tired and need to rest ... But the people who trust the Lord will become strong again."</i> (Isaiah 40:30-31)</p> <p>2. Set the scene Try to guess who our story is about today. I will give you some clues:</p> <ul style="list-style-type: none"> • This boy lived in Bethlehem; • He was a shepherd (remember Lucas the lamb?!); • Samuel, the man of God, had a special message for him – he would be the next king; • He played the harp for King Saul. <p>Yes, boys and girls, today we are going to hear some more about David! Here he is (<i>show picture of David on screen</i>). Remember that even though David played his harp for King Saul when the king felt sad and unwell, he still had to go back to the fields in Bethlehem to look after his daddy's sheep. Who remembers how many brothers David had? – Seven. That's right! David had seven big brothers, and the three oldest boys were soldiers in King Saul's army.</p> <p>3. Tell the story King Saul's army went out to fight the Israelites' arch-enemies. The enemy was a strong army – they were mighty, fierce warriors who had great battle skills. They could make armour and weapons from iron. They were mean and they didn't love God. In fact, everyone was scared of these people. Just a second, they sound a lot like those people who Samson had problems with in last week's story, don't they? Who were they? – The Philistines. You've guessed it, boys and girls, the Philistines had come back, strong, proud and ready to fight the Israelites again.</p> <p>This time, the Philistines were not worried about going into battle. They had something that would strike fear into those Israelite weaklings! They had a champion fighter who was tough, nasty,</p>	<p>You'll need ... <i>Treasure chest with the razor inside (from last week's story)</i></p> <p><i>Graphic – David portrait</i></p>

built like a tank and very, very tall. The Bible tells us this man was over nine feet tall (*1 Samuel 17:4*). That's about three metres! Let's see just how tall that really is – *stand on a chair by the wall or door and drop a measuring tape to 9 feet / 3 metres. Ask a child to help you measure the height from the floor. Stick a card onto the wall to mark the height.* Who knows this famous giant fighter's name? – Goliath!

(You may want to remain standing on the chair while describing Goliath.) Goliath wore a helmet on his head and a big, heavy coat of armour. He had more armour on his big legs, and a giant spear slung over his back. He even had a helper who walked in front of him carrying a shield to protect Goliath from arrows. This was one scary Philistine!

Every morning and every evening for forty days, the giant Goliath would come out and stand on his side of the mountain to shout at the Israelite army. He shouted at them, "Choose a man and have him come down to me. If he is able to fight and kill me, we will become your subjects (or servants); but if I overcome him and kill him, you will become our subjects (or servants) and serve us ... Give me a man and let us fight each other." (*1 Samuel 17:8-10*) When King Saul and the Israelites heard Goliath shouting these words, they were terrified and they ran away. No one would go down to fight Goliath the giant. *(Step off the chair if you stayed up there!)*

Now, remember, David had three brothers who were there in King Saul's army. Their daddy asked David to go to the army's camp to take some food to his brothers and find out how they were. David left Lucas the lamb and the other sheep with another shepherd, and went to find his three big brothers at the battleground. He could see the Israelites and his brothers lining up on one side of the mountain, and the Philistines on the other side. As David was talking with his brothers, Goliath, the Philistine champion, stepped out from his line and shouted at the Israelites as usual. David heard it too. When the Israelites saw Goliath, they all ran away from him because they were so afraid. David couldn't believe his ears! Was this giant Philistine really speaking so meanly to God's army? Why were God's people afraid of this big bully who didn't even believe in God?

David went to see King Saul. David told him that he would go and fight the giant even though no one else would do it. The King laughed, "You are not able to go out against this Philistine and fight him; you are only a boy ..." (*1 Samuel 17:33*). But David said to the King, "Listen, I have been looking after my Dad's sheep for a long time. When a lion or a bear came and tried to steal one of my sheep, I went after it, hit it and rescued the sheep from the animal's mouth. When it turned on me, I grabbed it, hit it and killed it. I have killed both the lion and the bear; this giant Philistine will be just like the lion or the bear. The Lord who saved me from the lion and the bear will save me from this Philistine." (*paraphrase 1 Samuel 17:34-37*)

So, King Saul agreed to let David go out to face the giant. Saul

*Chair
Measuring tape*

*Card/blu-tack labelled
with Goliath's height*

gave David lots of protective armour to wear. David had to put on the King's tunic, a coat of armour and a heavy helmet on his head. Then David put his sword over his tunic and tried walking around because he hadn't worn all this armour before. "I cannot go in these," he said to Saul, "because I am not used to them." (1 Samuel 17:39) That armour was far too heavy for David. He wasn't big and strong enough to walk around, let alone fight, in all that gear!

David went out to meet Goliath without the King's armour. Instead, he took his walking stick in his hand and walked down to the stream (a little river). David chose five smooth stones from the stream and put them in his bag. With his sling (like a catapult) in his hand, David walked towards the giant Philistine fighter ... and Goliath moved closer to David.

Goliath saw that this was just a boy coming to fight him! A boy! With no armour! Goliath roared at David, "Come here and I'll feed you to the birds and the wild animals!" David shouted back at the Philistine, "You come against me with sword and spear ... but I come against you in the name of the Lord Almighty, the God of the armies of Israel ... This day the Lord will hand you over to me, and I'll strike you down and cut off your head ... All those gathered here will know that it is not by sword or spear that the Lord saves; for the battle is the Lord's, and he will give all of you into our hands." (1 Samuel 17:45-47)

Goliath moved closer, ready to attack. David ran quickly towards the giant. David reached into his bag and took out one of the stones he had picked up from the stream earlier. He put the stone into his sling, and slung it at the giant. The stone flew through the air and hit Goliath on the forehead. Goliath fell face down, dead, on the ground. David ran and stood over Goliath. He took Goliath's heavy sword and cut off Goliath's head! When the Philistines saw that their hero was dead, they turned and ran, with the Israelites chasing them. God's people, the Israelites, had won again because of David's bravery!

4. Explain

Boys and girls, David believed that God would be with him when he went out to face Goliath. He knew that God was bigger than any giant. He trusted God and believed that God would save him and win the fight for him. No armour, no arrows, no heavy weapons ... just a stone, a sling, and God! What a great story of another one of God's heroes!

God saved David and King Saul and the Israelites from the hands of the nasty Philistines, and He saves us too! God knew that we would never be good enough to get to heaven because we have sin in our lives. Do you remember what sin is? – all the bad thoughts and bad things we shouldn't do. But because God loves us so much, He sent His son, Jesus, to die on a cross instead of us. Do you remember what happened then? Jesus was dead, but after three days God brought Him back to life again. Jesus lives in heaven now, and if we tell Him we're sorry for our sin, and put our trust in Him and live for Him every day,

<p>then we will be with Him forever. What a wonderful gift for each one of us! God wants to save us too, just like He saved David. If you want to be saved and live for Jesus, then make sure you come and talk to me, or one of the leaders, before you go home today.</p> <p>Do you remember how tall Goliath the giant Philistine was? – over nine feet / three metres. Let's put the measuring tape into the treasure chest. We'll take it out next week to see what you remember about the story of David and Goliath.</p>	<p><i>Measuring tape</i> <i>Treasure chest</i></p>
<p>C. Prayer Net 10 minutes</p> <ol style="list-style-type: none"> 1. Ask a child to explain what it means when we <i>pray</i> – We talk to God and He listens. 2. Explain that prayer / talking to God is very important because that's how we get to know Him. 3. Choose a child to retrieve the prayer net. Lift out the prayer cards you put there last week. Ask the kids for updates on those situations. 4. Explain that when we have worries or things to be thankful for, we need to tell God about those things. Remember that He hears all our prayers and He will answer us – maybe not with the answer we want, but He always knows best. 5. Tell kids that we are going to make a note of some special prayers today and put them in the prayer net. Next week they will tell us what happened in those situations. 6. Ask a few kids if they have a prayer to put into the net. As they tell you, write their name and the topic of their prayer on a small card. Ask the child to say a prayer aloud (help them to do so) before they place their card into the prayer net. 7. Finish by leading a prayer for the whole group. 	<p>You'll need ... <i>Net (with last week's prayer cards)</i> <i>Small cards / postcards</i> <i>A pen</i></p>
<p>D. Conclusion (with puppets) 5 minutes</p> <ol style="list-style-type: none"> 1. Challenge kids to remember to be like David – put your trust in God to save you from the giants in your life. Be ready to fight for God! 2. Remind kids to come back this evening. 3. Sing a closing song. (Supernatural) 4. Ask kids to put their mats away and put their names in the box before they leave. <p><i>*Have some literature available if any child wants to find out more about giving their life to God.</i></p>	<p>You'll need ... <i>DVD player / projector</i> <i>Song DVD (Hillsong Kids – Supernatural)</i></p> <p><i>Name tag box</i></p> <p><i>Evangelical literature</i></p>

THE ISLAND cont'd

LEADER	DATE (pm) 09 November 08
HELPERS	TIME (mins) 40 minutes
PUPPETEER	No. of KIDS (m/f)

GOALS:

- To encourage kids to engage in worship through singing.
- To reinforce today's Bible concept by learning a related Scripture verse.
- To internalise today's story by making David's bag of stones.

MATERIALS NEEDED:

- ✓ Song DVD / DVD player / projector / screen, etc.
- ✓ Bible
- ✓ Memory Verse Slide (Romans 8:31)
- ✓ Activity: Tables
 - Pre-made model of David's bag of stones (see photos below)
 - Small gift bags in plain colours (one for each child)
 - Labels for gift bags, printed with today's memory verse
(Romans 8:31)
 - Glue sticks
 - Play dough in 5 colours (e.g. red, blue, yellow, green, orange)
(Recipe for play dough is in the activity section below)
 - Basin of water
 - Towel
- ✓ Small prizes (selection of bookmarks, stickers, pencils, etc.)
- ✓ Name tag box

<p>Idea: After the session, you could display the memory verse on a poster in your room. This will add to your decoration as well as reminding kids of the Bible concept. Then you can also refer to it in later sessions of this series.</p>							
<p>G. Activity 15 minutes</p> <ol style="list-style-type: none"> 1. Arrange tables as a workspace and have kids stand around them. 2. Show kids the pre-made model of David's bag of stones in demonstration of what you are going to make today. 3. Give each child a small gift bag. 4. Give each child a label. Help them use glue to stick it to the bag. 5. Set out five batches of play dough. Allow kids to make five stones – one of each colour of play dough. Help kids to break off the dough and roll it into stone shapes. 6. Tell kids to put their five stones into their bag. Tell them that the stones will harden over time. 7. Remind kids to be strong and brave like David was when he faced Goliath because he knew that God was helping him. 8. Allow kids to wash their hands in a basin of water in a corner of the room. Make sure you have a towel there to dry their hands. <p>Activity Idea adapted from: http://www.daniellesplace.com/html/bible%20themes%20david.html</p> <p>Recipe for Play Dough</p> <p>Ingredients:</p> <table border="0"> <tr> <td>1 cup plain flour</td><td>2 tablespoons cream of tartar</td></tr> <tr> <td>1 cup water</td><td>2 tablespoons oil</td></tr> <tr> <td>0.5 cup salt</td><td>food colouring</td></tr> </table> <p>Method:</p> <ol style="list-style-type: none"> 1. Mix together dry ingredients. 2. Add water and mix until smooth. 3. Add food colouring, then oil. 4. Cook on a medium heat, stirring constantly, until dough leaves the side of the pan in a ball. 5. Allow to cool. 6. Keep in airtight plastic bags or containers in the fridge until you are ready to use it. 	1 cup plain flour	2 tablespoons cream of tartar	1 cup water	2 tablespoons oil	0.5 cup salt	food colouring	<p>You'll need ...</p> <p><i>Tables</i></p> <p><i>Pre-made model of David's bag of stones</i></p> <p><i>Small gift bags</i> <i>Labels</i> <i>Glue</i> <i>Play dough (5 colours)</i></p> <p><i>Basin of water</i> <i>Towel</i></p>
1 cup plain flour	2 tablespoons cream of tartar						
1 cup water	2 tablespoons oil						
0.5 cup salt	food colouring						
<p>H. Conclusion (with puppets) 5 minutes</p> <ol style="list-style-type: none"> 1. Ask one boy and one girl if they can recite the memory verse. The puppets / another leader will judge if they deserve a prize. Award the prizes. 2. Ask kids to hold hands and sing <i>Jesus Loves Me</i> (first verse and chorus) <i>a cappella</i>, or with an instrument if preferred. 3. Close in prayer. Remind kids to come back next week! 4. Make sure kids leave their name tags in the box before they 	<p>You'll need ...</p> <p><i>Small prizes – bookmarks, stickers, etc.</i></p> <p><i>Name tag box</i></p>						

leave.

