



Mission Prayer Journal

Is your youth group planning a mission trip for this summer?

Last summer, our group teamed up with another church from out of state for a mission trip into the inner city of Chicago. Since I live in Chicago, I was the one to plan most of the logistics. The youth pastor from the other church took it upon himself to create a prayer journal for our students for the mission trip. I was incredibly grateful!

As a mission leader in your church, consider creating something like the journal in the downloadables (or [click here](#)) for your youth this summer. The youth leaders will be so swamped with details that extras like journals are easily forgotten, but they are a wonderful resource!

Here are some components to consider for each day in your prayer journal:

- Select a scripture they can read on their own in silent reflection.
- Find a short morning and evening prayer. They can be the same for each day or different every day.
- One blank page with lines for writing and note-taking.
- One blank page without lines for drawing and dreaming.

At the end of the prayer journal, add several blank pages where the students can record any meaningful events and experiences.

A journal like this can be printed on any basic printer and bound simply with staples, yarn, or raffia. It will be something your youth can keep long after the mission trip is over, remember what God has done, and continue to grow in the Spirit.

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