

Chicago 2010

Journal and Prayer Book



Name: _____

Morning and Evening Prayers: Justice

Tuesday, July 20

Opening Sentence

Send out your light and your truth, that they may lead me, and bring me to your holy hill and to your dwelling. Psalm 43:3

Confession

Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Invitatory

Lord, open our lips.

And our mouth shall proclaim your praise.

□ Glory to the Father, and to the Son, and to the Holy Spirit as it was in the beginning, is now, and will be for ever. Amen.

Psalm

Morning: *Psalm 103:1-8*

Evening: *Psalm 33:1-9*

Reading:

Morning: *Micah 6:1-8*

Evening: *Luke 4:16-21*

The Word of the Lord.

Thanks be to God.

Silence

Let us spend a moment reflecting silently on the passages from Scripture we just read.

A Prayer Attributed to St. Francis

Lord, make us instruments of your peace.

Where there is hatred, let us spread love;
where there is injury, pardon;
where there is discord, union;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.

Grant, O Lord, that we may not so much seek
to be consoled as to console;
to be understood as to understand;
to be loved as to love.

All: For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.

Prayer of God's People

In 1-2 sentences, offer a praise or prayer to God

Lord's Prayer

Gathering our prayers and praises into one, let us pray as our Savior has taught us.

Our Father who art in Heaven

Hallowed be Thy name.

Thy Kingdom come, Thy will be done on earth as it is in heaven.

Give us this day our daily bread,

And forgive us our trespasses

as we forgive those who trespass against us.

Lead us not into temptation,

but deliver us from evil.

For Thine is the kingdom, the power, and the glory forever.

Amen

Morning and Evening Prayers: Mercy

Wednesday, July 21

Opening Sentence

Worship the Lord in the beauty of his holiness;
let the whole earth tremble before him.

Psalm 96:9

Confession

Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Invitatory

Lord, open our lips.

And our mouth shall proclaim your praise.

□ Glory to the Father, and to the Son, and to the Holy Spirit as it was in the beginning, is now, and will be for ever. Amen.

Psalm

Morning: *Psalm 30:1-12*

Evening: *Psalm 86:1-17*

Reading:

Morning: *Micah 6:1-8*

Evening:

The Word of the Lord.

Thanks be to God.

Silence

Let us spend a moment reflecting silently on the passages from Scripture we just read.

A Prayer Attributed to St. Francis

Lord, make us instruments of your peace.

Where there is hatred, let us spread love;
where there is injury, pardon;
where there is discord, union;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.

Grant, O Lord, that we may not so much seek
to be consoled as to console;
to be understood as to understand;
to be loved as to love.

All: For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.

Prayer of God's People

In 1-2 sentences, offer a praise or prayer to God

Lord's Prayer

Gathering our prayers and praises into one,
let us pray as our Savior has taught us.

Our Father who art in Heaven

Hallowed be Thy name.

Thy Kingdom come, Thy will be done on
earth as it is in heaven.

Give us this day our daily bread,

And forgive us our trespasses

as we forgive those who trespass against us.

Lead us not into temptation,

but deliver us from evil.

For Thine is the kingdom, the power, and the
glory forever.

Amen

Morning and Evening Prayers: Humility

Thursday, July 22

Opening Sentence

Let my prayer be set forth in your sight as incense, the lifting up of my hands as the evening sacrifice. Psalm 141:2

Confession

Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Invitatory

Lord, open our lips.

And our mouth shall proclaim your praise.

□ Glory to the Father, and to the Son, and to the Holy Spirit as it was in the beginning, is now, and will be for ever. Amen.

Psalm

Morning: *Psalm 147:1-8*

Evening: *Psalm 25:1-9*

Reading:

Morning: *Micah 6:1-8*

Evening: *John 13:1-17*

The Word of the Lord.

Thanks be to God.

Silence

Let us spend a moment reflecting silently on the passages from Scripture we just read.

A Prayer Attributed to St. Francis

Lord, make us instruments of your peace.

Where there is hatred, let us spread love;
where there is injury, pardon;
where there is discord, union;
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Grant, O Lord, that we may not so much seek
to be consoled as to console;
to be understood as to understand;
to be loved as to love.

All: For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.

Prayer of God's People

In 1-2 sentences, offer a praise or prayer to God

Lord's Prayer

Gathering our prayers and praises into one, let us pray as our Savior has taught us.

Our Father who art in Heaven

Hallowed be Thy name.

Thy Kingdom come, Thy will be done on earth as it is in heaven.

Give us this day our daily bread,

And forgive us our trespasses

as we forgive those who trespass against us.

Lead us not into temptation,

but deliver us from evil.

For Thine is the kingdom, the power, and the glory forever.

Amen

Morning and Evening Prayers: Sent

Friday, July 23

Opening Sentence

Sing praises to the LORD, enthroned in Zion;
proclaim among the nations what he has done.

Psalm 9:11

Confession

Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Invitatory

Lord, open our lips.

And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit as it was in the beginning, is now, and will be for ever. Amen.

Psalm

Morning: *Psalm 57:7-11*

Evening: *Psalm 67:1-7*

Reading:

Morning: *Matthew 28:16-20*

Evening: *Acts 1:6-8*

The Word of the Lord.

Thanks be to God.

Silence

Let us spend a moment reflecting silently on the passages from Scripture we just read.

A Prayer Attributed to St. Francis

Lord, make us instruments of your peace.

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where there is injury, pardon;
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Give us this day our daily bread,

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as we forgive those who trespass against us.

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but deliver us from evil.

For Thine is the kingdom, the power, and the
glory forever.

Amen



Monday

6:00 Depart from Smith Building
12:00 Lunch
6:00 Arrive
Dinner onsite
Fun and Games

Tuesday

6:30 Rise and Shine
6:45 Morning Prayers/Breakfast
7:40 Train
9:30 Worksite
11:30 Chapel
12:00 Lunch
1:00 Worksite
4:30 Clean up
5:30 Dinner
6:30 Evening Prayers/Service
8:00 Free time/games
11:00 Lights out

Wednesday

7:00 Rise and Shine
8:00 Morning Prayers/Breakfast
9:00 Worksite
12:00 Lunch
1:00 Worksite
4:30 Clean up
5:30 Dinner
6:30 Evening Prayers
7:00 Youth Group Game Night
8:00 Free time/games

Thursday

7:00 Rise and Shine
8:00 Breakfast
9:00 Worksite
12:00 Lunch
1:00 Worksite
4:30 Clean up
5:00 Dinner
6:00 Evening Prayers
7:00 Youth Group Bible Study
8:00 Free time/games

Friday

Free Day in Chicago

7:30 Rise and Shine/Pack
8:00 Morning Prayers/Breakfast
9:00 Depart for Site Seeing
12:00 Lunch at Giordano's
2:00 Fun in the Sun (Beach)
5:00 Return for Dinner
6:30 Dinner
7:30 Evening Prayers
8:00 Showers
9:00 Free time/games

Saturday

7:00 Rise and Shine
7:15 Breakfast/clean/pack
8:00 Depart
12:00 Lunch on Road
7:00 Return to Smith Building